

## **ABSTRACT**

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Study Program/Faculty : Islamic Psychology/Psychology  
Title : The Relationship of Work Stress during the Covid-19 Pandemic with Counterproductive Work Behavior on Teachers at UPT SMA Negeri 3 Palembang*

*The purpose of this study was to determine the relationship between work stress and counterproductive work behavior for teachers at UPT SMA Negeri 3 Palembang. The research method used in this research is correlational quantitative. The subject of this research is the teacher of UPT SMA Negeri 3 Palembang. The sample of this study was 80 teachers who were taken by total sampling technique. The results of data analysis using simple regression analysis (assisted by SPSS version 26) show that the work stress variable has a significant relationship with the counterproductive work behavior variable. The correlation coefficient obtained is 0.302 and the R square value is 0.091, so the simple regression equation can be written as  $Y = 0.3022 X + 100\% = 9.12\%$ . Then the work stress variable is able to predict counterproductive work behavior of 9.12% and the remaining 90.78% is influenced by other variables outside this study. Based on these calculations, it can be concluded that there is a significant relationship between the work stress variable and the counterproductive work behavior variable.*

***Keyword: Work Stress, Counterproductive Work Behavior, Covid-19 Pandemic***

## INTISARI

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Program Studi/Fakultas : Psikologi Islam/Psikologi  
Judul : Hubungan Work Stress dimasa  
Pandemi Covid-19 dengan  
Counterproductive Work  
Behaviour Pada Guru UPT SMA  
Negeri 3 Palembang

Tujuan dari penelitian adalah untuk mengetahui hubungan *work stress* dengan *counterproductive work behaviour* guru UPT SMA Negeri 3 Palembang dimasa pandemi covid-19. Metode penelitian yang digunakan dalam penelitian ini adalah kuantitatif korelasional. Subjek penelitian ini adalah guru UPT SMA Negeri 3 Palembang. Sampel dari penelitian ini adalah sebanyak 80 guru yang diambil dengan teknik *total sampling*. Hasil analisis data dengan analisis regresi sederhana (dibantu SPSS versi 26) menunjukkan bahwa variable *work stress* memiliki hubungan yang signifikan dengan variable *counterproductive work behaviour*. Koefisien korelasi yang didapat adalah sebesar 0,302 dan nilai R square sebesar 0,091, sehingga persamaan regresi sederhananya dapat ditulis dengan  $Y = 0,302^2 X + 100\% = 9,12\%$ . Maka variabel *work stress* mampu memprediksi *counterproductive work behaviour* sebesar 9,12% dan sisanya sebanyak 90,78% dipengaruhi variable lain diluar penelitian ini. Berdasarkan perhitungan tersebut dapat disimpulkan bahwa terdapat hubungan yang signifikan antara variabel *workstress* dengan variabel *counterproductive work behavior*.

**Kata Kunci: *Work Stress, Counterproductive Work Behaviour, Pandemi Covid-19***