

## ABSTRACT

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Study Program / Faculty : Islamic Psychology / Psychology  
Title : Relationship between fear of missing out and social media addiction in Class 2018 Students of The Faculty of Psychology, UIN Raden Fatah Palembang

The aim of this research is determined the correlation between fear of missing out and social media addiction. This research method is correlational quantitative. The samples included 128 students of the 2018 batch of psychology faculty at UIN Raden Fatah Palembang. The samples selected by the total sampling technique. The instruments uses are the fear of missing out scale and social media addiction scale. Data analyzed used correlation product moment by SPSS Ver. 25 windows showed that there was a relationship between fear of missing out and social media addiction,  $p = 0,000$  ( $p < 0,05$ ). This research showed that there is a relationship between fear of missing out and social media addiction in college students.

Keywords: *fear of missing out, social media addiction*

## INTISARI

Nama : Ulfah Melliani  
Program Studi/Fakultas : Psikologi Islam  
Judul : Hubungan *Fear of Missing Out* dengan  
Kecanduan Media Sosial Pada Mahasiswa  
Angkatan 2018 Fakultas Psikologi UIN Raden  
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Penelitian ini bertujuan untuk mengetahui hubungan *fear of missing out* dengan kecanduan media sosial. Metode penelitian ini adalah kuantitatif korelasional. Subjek penelitian ialah mahasiswa angkatan 2018 Fakultas psikologi UIN Raden Fatah Palembang. Jumlah subjek sebanyak 128 dengan teknik sampling total. Instrumen yang digunakan ialah skala *fear of missing out* dan skala kecanduan media sosial. Hasil analisis data dengan korelasi *product moment* (dengan bantuan SPSS ver. 25 *for windows*) menunjukkan ada hubungan *fear of missing out* dengan kecanduan media sosial,  $p=0,000$  ( $p < 0,05$ ). Penelitian ini menunjukkan terdapat hubungan *fear of missing out* dengan kecanduan media sosial pada mahasiswa.

Kata kunci : *fear of missing out*, Kecanduan Media sosial