**DAFTAR PUSTAKA**

Abdullah. (2008). *Lubaabut Tafsir Min Ibni Katsiir Jilid 10. Jakarta Pusat: Pustaka Imam Asy-Syafi’i*. Pustaka Imam Asy-Syafi’i.

Allen, K. M., Blascovich, J., Tomaka, J., & Kelsey, R. M. (1991). Presence of Human Friends and Pet Dogs as Moderators of Autonomic responses to Stress in Women. *Journal of Personality and Social Psychology*, *61*(4), 582–589. https://doi.org/10.1037/0022-3514.61.4.582

Batara, G. A., & Kristianingsih, S. A. (2020). Hubungan Dukungan Sosial dengan Kesepian pada Narapidana Dewasa Awal Lajang. *Jurnal Ilmiah Universitas Batanghari Jambi*, *20*(1), 187. https://doi.org/10.33087/jiubj.v20i1.797

Blouin, D. D. (2012). Understanding Relations between People and their Pets: Pet Ownership in American Society. *Sociology Compass*, *6*(11), 856–869. https://doi.org/10.1111/j.1751-9020.2012.00494.x

Bradley, C. L. (1997). Generativity–Stagnation: Development of a Status Model. *Developmental Review*, *17*(3), 262–290. https://doi.org/10.1006/drev.1997.0432

Branson, S., Boss, L., Cron, S., & Turner, D. (2017). Depression, loneliness, and pet attachment in homebound older adult cat and dog owners. *Journal of Mind and Medical Sciences*, *4*(1), 38–48. https://doi.org/10.22543/7674.41.P3848

Brehm, S. S. (2002). *Intimate Relationship* (3rd edition). Mc Graw Hill.

Bretherton, I. (1992). *The Origins of Attachment Theory: John Bowlby and Mary Ainsworth*.

Budinegara, S. (2018). Kasih Tak Bersyarat: Konstruk Pemaknaan Hubungan Manusia-Anjing Peliharaan. *Calyptra, Jurnal Ilmiah Mahasiswa Universitas Surabaya*, *7*(1), 2554–2570.

Estiane, U. (2015). *Pengaruh Dukungan Sosial Sahabat Terhadap Penyesuaian Sosial Mahasiswa Baru di Lingkungan Perguruan Tinggi*. *4*(1).

Fitriyana, R. N. (2014). Orientasi Kelekatan dan Reaksi Duka Cita Akibat Kematian Hewan Peliharaan. *Jurnal Online Psikologi*, *2*(2), 203–222.

Friedman. (2003). *Keperawatan Keluarga*. EGC.

Gavriela Kara Duma, T. (2022). PENGARUH PET ATTACHMENT DAN DUKUNGAN SOSIAL TERHADAP STRES PADA DEWASA AWAL SELAMA PANDEMI COVID-19. *Berajah Journal*, *2*(2), 337–346. https://doi.org/10.47353/bj.v2i2.98

Gerungan, W. A. (2010). *Psikologi Sosial* (3 ed.). PT. Refika Aditama.

Groarke, J. M., Berry, E., Graham-Wisener, L., McKenna-Plumley, P. E., McGlinchey, E., & Armour, C. (2020). Loneliness in the UK during the COVID-19 pandemic: Cross-sectional results from the COVID-19 Psychological Wellbeing Study. *PLOS ONE*, *15*(9), e0239698. https://doi.org/10.1371/journal.pone.0239698

Hafizhah, D. N., & Hamdan, S. R. (2021). *Hubungan Pet Attachment dengan Psychological Well-Being pada Pemelihara Kucing Kota Bandung*. *7*(1), 5.

Haliza, N., Kurniawan, A., Psikologi, F., Airlangga, U., & Timur, J. (2021). *Hubungan antara keterbukaan diri dengan kesepian pada dewasa awal.* *1*(1), 51–61.

Hammond. (t.t.). Lima Temuan Terbaru Tentang Kesepian. *BBC News Indonesia*. https://www.bbc.com/indonesia/vert-fut-45717774

Hurlock, E. B. (1996). *Psikologi Perkembangan Dewasa Muda*. Erlangga.

Imanina, F. N., & Suminar, D. R. (2022). Hubungan antara Pet Attachment dengan Kesepian pada Dewasa Awal Lajang yang Merantau. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, *2*(1), 315–323. https://doi.org/10.20473/brpkm.v2i1.31967

Johnson, T. P., Garrity, T. F., & Stallones, L. (1992). Psychometric Evaluation of the Lexington Attachment to Pets Scale (Laps). *Anthrozoös*, *5*(3), 160–175. https://doi.org/10.2752/089279392787011395

Juliadilla, R., & Hastuti H., S. C. (2019). Peran Pet (Hewan Peliharaan) Pada Tingkat Stres Pegawai Purnatugas. *Jurnal Psikologi Integratif*, *6*(2), 153. https://doi.org/10.14421/jpsi.v6i2.1488

Li, L. W., Yusof, H., Zakaria, N., & Ali, A. (2017). Health and Nutritional Status among Pet Owners and Non-Pet Owners in Kuala Lumpur. *IOSR Journal of Humanities and Social Science*, *22*(2), 104–112. https://doi.org/10.9790/0837-220201104112

Lim, M. H., Eres, R., & Vasan, S. (2020). Understanding loneliness in the twenty-first century: An update on correlates, risk factors, and potential solutions. *Social Psychiatry and Psychiatric Epidemiology*, *55*(7), 793–810. https://doi.org/10.1007/s00127-020-01889-7

McConnell, A. R., Brown, C. M., Shoda, T. M., Stayton, L. E., & Martin, C. E. (2011). *Friends With Benefits: On the Positive Consequences of Pet Ownership*.

Mental Health Fondation. (2010). *The lonely society?* Mental Health Fondation.

Myers, D. G. (2000). *The Funds, Friends, and Faith of Happy People*.

Nurlayli, R. K., & Hidayati, D. S. (2014). *KESEPIAN PEMILIK HEWAN PELIHARAAN YANG TINGGAL TERPISAH DARI KELUARGA*. *02*.

Purnamasari, O., Muljono, P., Seminar, K. B., & Briawan, D. (2019). Komunitas virtual sebagai bentuk dukungan sosial bagi orang tua yang memiliki anak dengan gangguan spektrum autisme. *Jurnal PIKOM (Penelitian Komunikasi dan Pembangunan)*, *20*(2), 123. https://doi.org/10.31346/jpikom.v20i2.2180

Rinaldi, M. R. (2021). Kesepian pada Mahasiswa selama Pandemi COVID-19 di Indonesia. *Jurnal Psikologi Teori dan Terapan*, *11*(3), 267. https://doi.org/10.26740/jptt.v11n3.p267-277

Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The Revised UCLA Loneliness Scale: Concurrent and Discriminant Validity Evidence. *American Psychological Association*, *39*(4), 472–480.

Russell, D. W. (1996). UCLA Loneliness Scale (Version 3): Reliability, Validity, and Factor Structure. *Journal of Personality Assessment*, *66*(1), 20–40. https://doi.org/10.1207/s15327752jpa6601\_2

Santrock, J. W. (2011). *Life-Span development: Thirteenth edition.* McGraw-Hill.

Sarafino, E. P. (1994). *Health psychology: Biopsychosocial interactions (2nd ed.).*

Sarason, I. G., Pierce, & Sarason, B. R. (1990). *Social Support and Interactional Processes: A Triadic Hypothesis*. *7*(4), 495–506. https://doi.org/doi:10.1177/0265407590074006

Septiningsih, D. S., & Na’imah, T. (2010). *Kesepian pada lanjut usia: Studi tentang bentuk, faktor pencetus dan strategi koping*.

Smolkovic, I., Fajfar, M., & Mlinaric, V. (2012). *Attachment to pets and interpersonal relationships: (537242013-003)* [Data set]. American Psychological Association. https://doi.org/10.1037/e537242013-003

Sulistiani, W., Fajrianthi, F., & Kristiana, I. F. (2022). Validation of the Indonesian Version of the Multidimensional Scale of Perceived Social Support (MSPSS): A Rasch Model Approach. *Jurnal Psikologi*, *21*(1), 89–103. https://doi.org/10.14710/jp.21.1.89-103

Weiss, R. S. (1973). *Loneliness: The experience of emotional and social isolation.* (Cambridge, MA). The MIT Press.

Zilcha-Mano, S., Mikulincer, M., & Shaver, P. R. (2011). An attachment perspective on human–pet relationships: Conceptualization and assessment of pet attachment orientations. *Journal of Research in Personality*, *45*(4), 345–357. https://doi.org/10.1016/j.jrp.2011.04.001

Zimet, G. D., Dahlem, N. W., Zimet, S. G., & Farley, G. K. (1988a). The Multidimensional Scale of Perceived Social Support. *Journal of Personality Assessment*, *52*(1), 30–41. https://doi.org/10.1207/s15327752jpa5201\_2

Zimet, G. D., Dahlem, N. W., Zimet, S. G., & Farley, G. K. (1988b). The Multidimensional Scale of Perceived Social Support. *Journal of Personality Assessment*, *52*(1), 30–41. https://doi.org/10.1207/s15327752jpa5201\_2