

ABSTRACT

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Study Program : Islamic Psychology

Thesis Title : The Relationship Between Social Anxiety and Self-Disclosure on Students Instagram Second Account User at the Faculty of Psychology UIN Raden Fatah Palembang

This study examines the relationship between social anxiety and self-disclosure on students Instagram second account user. The subjects in this study were 108 students Instagram second account user at the Faculty of Psychology UIN Raden Fatah Palembang. This study used a type of quantitative correlational method with Pearson Product-Moment analysis. Data collection techniques use the Social Anxiety Scale for Social Media Users (SAS SMU) and the scale of Revised Self-Disclosure (RSDS). Research findings suggest a significant relationship between social anxiety and self-disclosure on students Instagram second account user at the Faculty of Psychology UIN Raden Fatah Palembang with a coefficient value $r=0.293$ and significance value $(p)=0.002 < 0.05$. The research results can be concluded that the higher the social anxiety, the higher the self-disclosure, and vice versa, the lower the social anxiety, the lower the level of self-disclosure on second account Instagram.

Keywords: *social anxiety, self-disclosure, second account Instagram*

INTISARI

Nama : Urmila Sari
Program Studi : Psikologi Islam
Judul Skripsi : Hubungan antara *Social Anxiety* dengan *Self-Disclosure* Pada Mahasiswa Pengguna *Second Account* Instagram di Fakultas Psikologi UIN Raden Fatah Palembang

Penelitian ini bertujuan untuk mengetahui hubungan *social anxiety* dengan *self-disclosure* pada mahasiswa pengguna *second account* Instagram. Subyek penelitian adalah 108 mahasiswa pengguna *second account* Instagram di Fakultas Psikologi UIN Raden Fatah Palembang. Penelitian ini menggunakan metode kuantitatif korelasional dengan analisis *Pearson Product Moment*. Pengumpulan data menggunakan skala *Social Anxiety Scale for Social Media Users* (SAS SMU) dan skala *Revised Self-Disclosure* (RSDS). Hasil penelitian menunjukkan adanya hubungan antara *social anxiety* dengan *self-disclosure* pada mahasiswa pengguna *second account* Instagram di Fakultas Psikologi UIN Raden Fatah Palembang dengan nilai koefisien $r=0,293$ dan nilai signifikansi $(p)=0,002 < 0,05$. Hasil penelitian dapat disimpulkan bahwa semakin tinggi *social anxiety* maka semakin tinggi *self-disclosure*, begitupun sebaliknya semakin rendah *social anxiety* maka semakin rendah *self-disclosure* pada *second account* Instagram.

Kata kunci : *social anxiety, self-disclosure, second account* Instagram