

ABSTRACT

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Title : The Relationship between Emotional Maturity and Self-Adjustment in Overseas Students class of 2022 the Faculty of Economics and Business University of Muhammadiyah Palembang

This study aims to determine the relationship between emotional maturity and self-adjustment. This study uses correlational quantitative methods and data collection techniques using scales. The population in this study were all overseas students of the 2022 batch of the Faculty of Economics and Business, Muhammadiyah University of Palembang, totaling 286 people, while the sample amounted to 147 people. The sampling technique used in this study was purposive sampling. The hypothesis in this study is that there is a relationship between emotional maturity and self-adjustment in overseas students of the Faculty of Economics and Business, Universitas Muhammadiyah Palembang. The measuring instruments used in this study used two scales, namely, the self-adjustment scale according to Runyon & Haber (Ningrum, 2013) and the emotional maturity scale according to Walgito (2004). The data obtained in this study were analyzed using Pearson's Product Moment correlation analysis technique used to see the relationship between variables with the help of SPSS version 20.0 for windows. Based on the results of the research that has been done, it can be concluded that there is a very significant positive relationship between emotional maturity and self-adjustment, this is evidenced by the results of the correlation coefficient which shows the number $r = 0.666$, with a sig value. 0.000 where $p < 0.05$.

Keywords: emotional maturity, self-adjustment, foreign student