

DAFTAR PUSTAKA

- Abivian, M. (2022). *Gambaran perilaku phubbing dan pengaruhnya terhadap remaja pada era societyy 5.0*, 5(2), 155–164. <https://jurnal.syekhnurjati.ac.id/index.php/prophetic/article/download/12786/4951>.
- Alisa, Z. A., & Musolli. (2023). *Phubbing behavior in the quran: A thematic study of the opinions of Indonesian mufassir*, 4(1), 27–49. <https://ejournal.unuja.ac.id/index.php/mushaf/index>.
- Al-saggaf, Y., & O'Donnell, S. B. (2019). *Phubbing: Perceptions, reasons behind, predictors, and impacts*, 1(2), 132–140. <https://doi.org/10.1002/hbe2.137>.
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469–480. <https://doi.org/10.1037/0003-066x.55.5.469>.
- Asosiasi penyelenggara jasa internet Indonesia. Survei. (n.d.). <https://survei.apjii.or.id/>.
- Ball-Rokeach, S. J., & DeFleur, M. L. (1976). A dependency model of mass-media effects. *Communication Research*, 3(1), 3–21. <https://doi.org/10.1177/009365027600300101>.
- Billieux, J., Van der Linden, M., d'Acremont, M., Ceschi, G., & Zermatten, A. (2007). Does impulsivity relate to perceived dependence on and actual use of the mobile phone? *Applied Cognitive Psychology*, 21(4), 527–537. <https://doi.org/10.1002/acp.1289>.
- Cahyono, H. (2019). *Peran Mahasiswa Di Masyarakat*, 1(1), 32–42. <https://stkipsetiabudhi.e-journal.id/DeBode>.
- Chaplin, J. P. (n.d.). *Kamus lengkap psikologi* (3rd ed.). Grafindo persada.
- Cho, I. Y., Kim, J. S., & Kim, J. O. (2018). Factors influencing adolescents' self-control according to family structure. *Journal of Child and Family Studies*, 27(11), 3520–3530. <https://doi.org/10.1007/s10826-018-1175-4>.

- Chotpitayasunondh, V., & Douglas, K. M. (2018a). Measuring phone snubbing behavior: Development and validation of the generic scale of *phubbing* (GSP) and the generic scale of being phubbed (GSBP). *Computers in Human Behavior*, 88, 5–17. <https://doi.org/10.1016/j.chb.2018.06.020>.
- Chotpitayasunondh, V., & Douglas, K. M. (2018b). The effects of "phubbing" on social interaction. *Journal of Applied Social Psychology*, 48(6), 304–316. <https://doi.org/10.1111/jasp.12506>.
- David, M. E., & Roberts, J. A. (2017). Phubbed and alone: Phone snubbing, social exclusion, and attachment to social media. *Journal of the Association for Consumer Research*, 2(2), 155–163. <https://doi.org/10.1086/690940>.
- Fadilah, A., Pratitis, N., & Rini, A. P. (2022). *Perilaku phubbing pada remaja: Menguji peranan kontrol diri dan interaksi sosial*, 2, 150–159. <https://doi.org/https://aksiologi.org/index.php/inner/article/view/499>.
- Fani Reza, I. (2018). Dimensions of *phubbing* among Moslem adolescents in Revolution Industry 4.0: Perspective Mental Health. *Proceedings of the International Conference of Mental Health, Neuroscience, and Cyber-Psychology - Icometh-NCP 2018*, 62–70. <https://doi.org/10.32698/25259>.
- Febrianti, I. D., Febriyanti, M. N., Adhania, I. R., Khasanah, U. N., Putri andiny, E. A., & Husna, A. N. (2021). The Development of Self-Control Scale in Social media, 1, 98–108. <https://repository.urecol.org/index.php/proceeding/article/view/1777>.
- Ghufron, M. N., & S, R. (2010). *Teori-teori psikologi* (1st ed.). Ar-Ruzz media.
- Goldfried, M. R., Decenteceo, E. T., & Weinberg, L. (1974). Systematic rational restructuring as a self-control technique. *Behavior Therapy*, 5(2), 247–254. [https://doi.org/10.1016/s0005-7894\(74\)80140-1](https://doi.org/10.1016/s0005-7894(74)80140-1).
- Gutter, M., & Copur, Z. (2011). Financial behaviors and financial well-being of college students: Evidence from a national survey. *Journal of Family and Economic Issues*, 32(4), 699–714. <https://doi.org/10.1007/s10834-011-9255-2>.
- Hamka. (2004). *Tafsir al-azhar*. Gema insani press.

- Harahap, J. Y. (2017). *Hubungan antara kontrol diri dengan ketergantungan internet di pustaka digital perpustakaan daerah Medan*, 3, 131–145. <https://jurnal.ar-raniry.ac.id/index.php/cobaBK/article/view/3091>.
- Heri, S. (2022). *Personal Integrity Development Guide* (1st ed.). Kanisius. <https://archive.org/details/patternsofadjust0000laza>.
- Jihan, A., & Rusli, D. (2019). *Pengaruh Faktor Kepribadian Terhadap Phubbing Pada Generasi Milenial Di Sumatera Barat*, 4, 1–11. <https://ejournal.unp.ac.id/students/index.php/psi/article/view/7679>.
- Karadağ, E., Tosuntaş, Ş. B., Erzen, E., Duru, P., Bostan, N., Şahin, B. M., Çulha, İ., & Babadağ, B. (2015). Determinants of *phubbing*, which is the sum of many virtual addictions: A structural equation model. *Journal of Behavioral Addictions*, 4(2), 60–74. <https://doi.org/10.1556/2006.4.2015.005>.
- Kwon, M., Kim, D.-J., Cho, H., & Yang, S. (2013). The *smartphone addiction scale*: Development and validation of a short version for adolescents. *PLoS ONE*, 8(12). <https://doi.org/10.1371/journal.pone.0083558>.
- Latipah. (2014). *Metode penelitian psikologi* (1st ed.). Deepublish. <https://digilib.uin-suka.ac.id/id/eprint/20915/>.
- Lazarus, R. S. (1968). *Patterns of adjustment and human effectiveness* (3rd ed.). McGraw-Hill.
- Leduc-Cummings, I., Werner, K. M., Milyavskaya, M., Dominick, J. K., & Cole, S. (2022). Experiencing obstacles during goal pursuit: The role of goal motivation and trait self-control. *Journal of Research in Personality*, 99, 104231. <https://doi.org/10.1016/j.jrp.2022.104231>.
- Li, S., Ren, P., Chiu, M. M., Wang, C., & Lei, H. (2021). The relationship between self-control and internet addiction among students: A meta-analysis. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.735755>.
- Marsela, R. D., & Supriatna, M. (2019). *Kontrol diri: Defenisi dan faktor*, 3(W), 65–67. https://doi.org/https://journal.umtas.ac.id/index.php/innovative_counseling/article/download/567/297/1807.
- Nęcka, E., Gruszka, A., Orzechowski, J., Nowak, M., & Wójcik, N. (2018). The (in)significance of executive functions for the trait of self-control: A psychometric study. *Frontiers in Psychology*, 9. <https://doi.org/10.3389/fpsyg.2018.01139>.

- Prasetyo, B., & Jannah, L. M. (2008). *Metode penelitian kuantitatif* (2nd ed.). Raja grafindo persada.
- Przybylski, A. K., & Weinstein, N. (2012). Can you connect with me now? how the presence of mobile communication technology influences face-to-face conversation quality. *Journal of Social and Personal Relationships*, 30(3), 237–246. <https://doi.org/10.1177/0265407512453827>.
- Putri, Y. E., Marjohan, M., Ifdil, I., & Hariko, R. (2022). *Perilaku phubbing pada mahasiswa*, 7(3), 343–347. <https://doi.org/https://doi.org/10.29210/021940jgpi0005>.
- Rahmadi. (2011). *Pengantar metodologi penelitian* (1st ed.). Antasari press. https://books.google.co.id/books/about/Pengantar_Metodologi_Pen_elitian.html?id=IinKEAAAQBAJ&redir_esc=y.
- Reza, I. F. (2020). *Phone snubbing scale (Phub-S) for young moslem in industry 4.0* (1st ed.). API Himpsi Sumsel.
- Safaria, T., Saputra, N. E., & Arini, D. P. (2022). *Nomophobia: Riset teori dan pengukurannya* (1st ed.). UAD Press.
- Santoso, S. (218AD). *Mahir statistik multivariat dengan SPSS* (1st ed.). Gramedia.
- Sari, C. R., & Widystuti, D. A. (2023). *Karakteristik Phubbing Pada Remaja di Negara Maju*, 667–677. <https://doi.org/https://seminar.uad.ac.id/index.php/PSNBK/article/viewFile/13261/3884#:~:text=Phubbing%20merupakan%20tindakan%20mengabaikan%20lawan,terfokus%20dengan%20smartphone%20yang%20dimainkannya>.
- Sentana, M. A., & Kumala, I. D. (2017). Agresivitas dan kontrol diri pada remaja di Banda Aceh. *JURNAL SAINS PSIKOLOGI*, 6(2), 51–55. <https://doi.org/10.17977/um023v6i12017p051>.
- Shadiqi, M. A. (2023). *Statistik untuk penelitian psikologi dengan SPSS* (1st ed.). Raja Grafindo Persada.
- Shi, Y., & Qu, S. (2021). Cognitive ability and self-control's influence on high school students' comprehensive academic performance. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.783673>.
- Siregar, S. (2013). *Statistik parametrik untuk penelitian kuantitatif* (1st ed.). Sinar grafika offset.
- Sugiyono. (2018). *Metode penelitian kuantitatif, kualitatif dan RD*. Alfabeta.

- Suharyanto, E., & Yunus. (2021). *Pendidikan karakter yang efektif di era milenial*. Penerbit adab.
- Supratikanya, A. (2015). *Metodologi penelitian kuantitatif dan kualitatif dalam psikologi* (Vols. 1–167). Appti.
- Susanto, M. A., & Muttaqin, D. (2021). *Dimensi Pembentukan Identitas Dan Intimasi Pada Emerging Adult Yang Menjalin Relasi Romantis*, 3(2), 143–154.
<https://journal.unnes.ac.id/nju/INTUISI/article/view/29294/pdf>.
- Syahruddin, Mahdar, Sarlan, A., Asmurti, & Muslan. (2023). *Fenomena komunikasi di era virtualitas* (1st ed.). Green publisher.
- Tao, T., Wang, L., Fan, C., & Gao, W. (2014). Development of self-control in children aged 3 to 9 years: Perspective from a dual-systems model. *Scientific Reports*, 4(1). <https://doi.org/10.1038/srep07272>.
- Yam, F. C., & Kumcagiz, H. (2020). Adaptation of general *phubbing* scale to Turkish culture and investigation of *phubbing* levels of university students in terms of various variables. *ADDICTA: The Turkish Journal on Addictions*, 7(1), 48–60.
<https://doi.org/10.5152/addicta.2020.19061>.
- Youarti, I. E., & Hidayah, N. (2018). Perilaku *phubbing* sebagai karakter remaja generasi Z. *Jurnal fokus konseling*, 4(1), 143. <https://doi.org/10.26638/jfk.553.2099>.
- Zulkarnain, I., Asmara, S., & Sutaminingsih, R. (2022). *Membentuk konsep diri melalui budaya tutur: Tinjauan psikologi komunikasi* (1st ed.). Puspantara publishing.