

ABSTRACT

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Faculty / Study Program : Psychology / Islamic Psychology
Title : The Influence of Perceived Family Resilience on Psychological Well-Being in Migrant Students at the Faculty of Psychology UIN Raden Fatah Palembang.

This research is entitled "The Influence of Perceived Family Resilience on Psychological Well-Being in Migrant Students at the Faculty of Psychology, UIN Raden Fatah Palembang". This research aims to find out whether there is an influence of family resilience on psychological well-being in migrant students at the Faculty of Psychology, UIN Raden Fatah Palembang. The research approach used is research using quantitative correlational methods and data collection using scales. The population in the research was 410 migrant students at the Faculty of Psychology at UIN Raden Fatah Palembang and a sample of 203 migrant students was used. The sampling technique uses simple random sampling technique. The research instrument used was the Walsh Family Resilience Questionnaire (WFRQ) scale which was adapted from Walsh (2012) and obtained from Maulidia et al. (2018). Ryff's Psychological Well-Being Scale (RPWB) was developed by Ryff (1989) and adapted into an Indonesian version by Purnama, Farozin, and Astuti (2022). Data analysis using regression analysis techniques, assisted by the JASP Veirsi 18.03 application, shows that there is a significant influence between family resilience and psychological well-being. This is proven by the significance results <0.001 and a correlation coefficient of 0.219.

Keywords: *Perceived Family Resilience, Psychological well-being, Migrant Students*

INTISARI

Nama : Sevilla Anbar Rachmah
 Fakultas / Program Studi : Psikologi / Psikologi Islam
 Judul : Pengaruh *Perceived Family Resilience*
 Terhadap *Psychological Well-Being* Pada
 Mahasiswa Perantau UIN Raden Fatah
 Palembang

Penelitian ini berjudul "Pengaruh *Perceived Family Resilience* Terhadap *Psychological Well-Being* Pada Mahasiswa Perantau di Fakultas Psikologi UIN Raden Fatah Palembang". Penelitian ini bertujuan untuk mengetahui apakah ada Pengaruh *Perceived Family Resilience* Terhadap *Psychological Well-Being* pada mahasiswa perantau di Fakultas Psikologi UIN Raden Fatah Palembang. Pendekatan penelitian yang digunakan adalah penelitian dengan metode kuantitatif korelasional dan pengumpulan data menggunakan skala. Jumlah populasi dalam penelitian yaitu 410 mahasiswa perantau di Fakultas psikologi UIN Raden Fatah Palembang dan menggunakan sampel sebanyak 203 mahasiswa perantau. Teknik pengambilan sampel menggunakan teknik *simple random sampling*. Instrumen penelitian yang digunakan adalah Skala *Walsh Family Resilience Questionnaire* (WFRQ) yang diadaptasi dari Walsh (2012) dan didapatkan dari Maulidia dkk. (2018). Skala *Ryff's Psychological Well-Being Scale (RPWB)* yang dikembangkan oleh Ryff (1989) dan diadaptasi ke dalam versi bahasa Indonesia oleh Purnama, Farozin, dan Astuti (2022). Analisis data dengan tehnik analisis regresi, dibantu oleh aplikasi JASP versi 18.03 menunjukkan adanya pengaruh yang signifikan antara *family resilience* terhadap *psychological well-being*. Hal tersebut dibuktikan dengan hasil signifikansi $<0,001$ dan koefisien korelasi sebesar 0,219.

Kata Kunci: *Family Resilience*, *Psychological well-being*, Mahasiswa Perantau

LEMBAR MOTTO DAN PERSEMBAHAN

MOTTO