ABSTRACT

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Study Program : Psikologi Islam

Title : The Relationship between Self-Concept and Lifestyle

in Students Who Have Their Own Income at UIN

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This study aims to determine whether there is a relationship between self-concept and lifestyle. The research approach used was quantitative correlational research and data collection using a scale. The total population in the study was 274 students who had their own income at the Faculty of Psychology, UIN Raden Fatah Palembang. Sampling in this study was carried out by non probability sampling with purposive sampling technique based on the Slovin formula. the research instrument used was the Plumer and Assael scale developed by Aresa (2012) and Kartika (2022). Then further modified by the researcher. Meanwhile, the Calhoun and Acocelle scale was developed by Musri (2020), then further modified by the researcher. Data analysis was carried out using Pearson's Product Moment correlation analysis technique with the help of the SPSS version 22.0 application, and the results showed a significant relationship between the self-concept variable and lifestyle, with a correlation coefficient of 0.641 and a significant level of p=0.000 (p=<0.05).

Keywords: Self Concept, Lifestyle, Own Income