

DAFTAR PUSTAKA

- Al-Issa, R. S., Krauss, S. E., Roslan, S., & Abdullah, H. (2021). The Relationship Between Afterlife Beliefs and Mental Wellbeing Among Jordanian Muslim Youth. *Journal of Muslim Mental Health*, 15(1). <https://doi.org/10.3998/jmmh.125>
- Ali, Z. (2024). *The Role of Islamic Values in Promoting Social Justice and Community Welfare*. 1(1), 575–585.
- Baik, C., Larcombe, W., & Brooker, A. (2019). How universities can enhance student mental wellbeing: the student perspective. *Higher Education Research and Development*, 38(4), 674–687. <https://doi.org/10.1080/07294360.2019.1576596>
- Basori, B. (2024). Peran Guru Pendidikan Anak Usia Dini dalam Membangun Karakter pada Anak. *Indonesian Journal of Multidisciplinary on Social and Technology*, 2(1), 58–63. <https://doi.org/10.31004/ijmst.v2i1.291>
- Benoit, E. P. (1959). Toward a new definition of mental retardation. *American Journal of Mental Deficiency*, 63(4), 559–565.
- Caprara, G. V., Steca, P., Zelli, A., & Capanna, C. (2005). A new scale for measuring adults' prosocialness. *European Journal of Psychological Assessment*, 21(2), 77–89. <https://doi.org/10.1027/1015-5759.21.2.77>
- Carstensen, L. L., Isaacowitz, D. M., & Charles, S. T. (1999). Taking time seriously: A theory of socioemotional selectivity. *American Psychologist*, 54(3), 165–181. <https://doi.org/10.1037/0003-066X.54.3.165>
- Chen, X., Tian, L., & Huebner, E. S. (2020). Bidirectional Relations Between Subjective Well-Being in School and Prosocial Behavior Among Elementary School-Aged Children: A Longitudinal Study. *Child and Youth Care Forum*, 49(1), 77–95. <https://doi.org/10.1007/s10566-019-09518-4>
- Cronbach, L. J. (1951). Coefficient alpha and the internal structure of tests. *Psychometrika*, 16(3), 297–334. <https://doi.org/10.1007/BF02310555>
- Diener, E., Suh, E. M., Lucas, R. E., & Smith, H. L. (1999). Subjective well-being: Three decades of progress. *Psychological Bulletin*, 125(2), 276–302. <https://doi.org/10.1037/0033-2909.125.2.276>

- Dunn, E. W., Whillans, A. V., Norton, M. I., & Aknin, L. B. (2020). Prosocial spending and buying time: Money as a tool for increasing subjective well-being. In *Advances in Experimental Social Psychology* (1st ed., Vol. 61). Elsevier Inc. <https://doi.org/10.1016/bs.aesp.2019.09.001>
- Eashwar, V. M. A., Charulatha, R. J., Surya, B. N., & Hospital, C. (2024). *Balancing Act: A Qualitative Study on the Dual Nature of Video Game Addiction among medical college students in Chengalpattu district, Tamil Nadu Introduction*: 1–20.
- EKİNCİ, N., & KORKMAZ, O. (2023). Life Satisfaction During University Education Period: Examination of Its Relationship With Lone Wolf Personality, and Positivity. *Journal of Advanced Education Studies*, 5(1), 166–184. <https://doi.org/10.48166/ejaes.1294700>
- Engelhart, M. D., & Moughamian, H. (1969). Book Reviews : Book Reviews. *Educational and Psychological Measurement*, 29(1), 205–205. <https://doi.org/10.1177/001316446902900124>
- Etikan, I. (2016). Comparison of Convenience Sampling and Purposive Sampling. *American Journal of Theoretical and Applied Statistics*, 5(1), 1. <https://doi.org/10.11648/j.ajtas.20160501.11>
- Ghasemi, A., & Zahediasl, S. (2012). Normality tests for statistical analysis: A guide for non-statisticians. *International Journal of Endocrinology and Metabolism*, 10(2), 486–489. <https://doi.org/10.5812/ijem.3505>
- Haller, E., Lubenko, J., Presti, G., Squatrito, V., Constantinou, M., Nicolaou, C., Papacostas, S., Aydin, G., Chong, Y. Y., Chien, W. T., Cheng, H. Y., Ruiz, F. J., García-Martín, M. B., Obando-Posada, D. P., Segura-Vargas, M. A., Vasiliou, V. S., McHugh, L., Höfer, S., Baban, A., ... Gloster, A. T. (2022). To Help or Not to Help? Prosocial Behavior, Its Association With Well-Being, and Predictors of Prosocial Behavior During the Coronavirus Disease Pandemic. *Frontiers in Psychology*, 12(February), 1–14. <https://doi.org/10.3389/fpsyg.2021.775032>
- Javaid, Z. K., & Mobeen, S. (2024). *Religious Coping and Mental Well-being : A Systematic Review on Muslim University Students. August*.
- Keyes, C. L. M. (2002). The mental health continuum: From languishing to flourishing in life. *Journal of Health and Social Behavior*, 43(2), 207–222. <https://doi.org/10.2307/3090197>

- Khan, F., & Haneef, M. A. (2022). Religious Responses To Sustainable Development Goals: an Islamic Perspective. *Journal of Islamic Monetary Economics and Finance*, 8(2), 161–179. <https://doi.org/10.21098/jimf.v8i2.1453>
- Klapp, T., Klapp, A., & Gustafsson, J. E. (2024). Relations between students' well-being and academic achievement: evidence from Swedish compulsory school. *European Journal of Psychology of Education*, 39(1), 275–296. <https://doi.org/10.1007/s10212-023-00690-9>
- Kolb, D. A. (1984). Experiential Learning: Experience as The Source of Learning and Development. *Prentice Hall, Inc.*, 1984, 20–38. <https://doi.org/10.1016/B978-0-7506-7223-8.50017-4>
- Lai, W., Yang, Z., Mao, Y., Zhang, Q., Chen, H., & Ma, J. (2020). When do good deeds lead to good feelings? Eudaimonic orientation moderates the happiness benefits of prosocial behavior. *International Journal of Environmental Research and Public Health*, 17(11), 1–12. <https://doi.org/10.3390/ijerph17114053>
- Lambert, L., & Pasha-Zaidi, N. (2019). Positive psychology in the Middle East/North Africa: Research, policy, and practise. *Positive Psychology in the Middle East/North Africa: Research, Policy, and Practise*, April, 1–404. <https://doi.org/10.1007/978-3-030-13921-6>
- Liu, W., Su, T., Tian, L., & Huebner, E. S. (2021). Prosocial Behavior and Subjective Well-Being in School among Elementary School Students: the Mediating Roles of the Satisfaction of Relatedness Needs at School and Self-Esteem. *Applied Research in Quality of Life*, 16(4), 1439–1459. <https://doi.org/10.1007/s11482-020-09826-1>
- Lyubomirsky, A., Sheldon, S., & Schkade, K. M. (2005). Pursuing happiness: The architecture of sustainable change Journal Publication Date. *Review of General Psychology*, 9(2), 111–131.
- Malik, N. I., Perveen, S., & Raza, M. M. (2021). Generosity Linked To Spirituality, Resilience and Psychological Well-Being Among Youth: the Psychology of Goodness. *Humanities & Social Sciences Reviews*, 9(2), 122–128. <https://doi.org/10.18510/hssr.2021.9212>
- Megawati, E., & Herdiyanto, Y. K. (2016). Hubungan antara Perilaku Prososial dengan Psychological Well-Being pada Remaja. *Jurnal Psikologi Udayana*, 3(1), 132–141. <https://doi.org/10.24843/jpu.2016.v03.i01.p13>

- Mohammad, T., & Banse, R. (2023). Muslim Religiosity and Juvenile Delinquency: A Systematic Review. *Adolescent Research Review*, 8(4), 507–520. <https://doi.org/10.1007/s40894-023-00206-y>
- Nawawi, S. C. (2021). Rahasia Ketenangan Jiwa dalam Al-Qur'an. *MAGHZA: Jurnal Ilmu Al-Qur'an Dan Tafsir*, 6(1), 30–46. <https://doi.org/10.24090/maghza.v6i1.4476>
- Penner, L. A., Dovidio, J. F., Piliavin, J. A., & Schroeder, D. A. (2005). Prosocial behavior: Multilevel perspectives. *Annual Review of Psychology*, 56(May), 365–392. <https://doi.org/10.1146/annurev.psych.56.091103.070141>
- Post, S. G. (2014). Altruism, happiness, and health: It's good to be good. *An Exploration of the Health Benefits of Factors That Help Us to Thrive: A Special Issue of the International Journal of Behavioral Medicine*, 12(2), 66–75. <https://doi.org/10.4324/9781315799315-4>
- Prasetyawati, W., Rifameutia, T., Gillies, R., & Newcombe, P. (2021). The adaptation of a Brief Adolescent Subjective Well-Being in School Scale (BASWBSS), the student subjective well-being scale in the Indonesian context. In *Anima: Indonesian Psychological Journal* (Vol. 36, Issue 2, pp. 184–203). <https://journal.ubaya.ac.id/index.php/jpa/article/view/2277>
- Préville, M., Potvin, L., & Boyer, R. (1995). The structure of psychological distress. *Psychological Reports*, 77(1), 275–293. <https://doi.org/10.2466/pr0.1995.77.1.275>
- Pritchard, M. E., & Wilson, G. S. (2003). Using Emotional and Social Factors to Predict Student Success. *Journal of College Student Development*, 44(1), 18–28. <https://doi.org/10.1353/csd.2003.0008>
- Schaufeli, W. B., & Bakker, A. B. (2004). Job demands, job resources, and their relationship with burnout and engagement: A multi-sample study. *Journal of Organizational Behavior*, 25(3), 293–315. <https://doi.org/10.1002/job.248>
- Sefianmi, D., Purnama, C. Y., & Setyadiredja, A. N. (2023). Adaptasi Skala Prosocialness for Adult Versi Bahasa Indonesia. *Jurnal Psikologi*, 16(1), 63–74. <https://doi.org/10.35760/psi.2023.v16i1.7284>

- Spinrad, T. L., Eisenberg, N., Xiao, S. X., Xu, J., Berger, R. H., Pierotti, S. L., Laible, D. J., Carlo, G., Gal-Szabo, D. E., Janssen, J., Fraser, A., Xu, X., Wang, W., & Lopez, J. (2023). White children's empathy-related responding and prosocial behavior toward White and Black children. *Child Development*, 94(1), 93–109. <https://doi.org/10.1111/cdev.13841>
- Stanton, A. L., Danoff-Burg, S., Cameron, C. L., Bishop, M., Collins, C. A., Kirk, S. B., Sworowski, L. A., & Twillman, R. (2000). Emotionally expressive coping predicts psychological and physical adjustment to breast cancer. *Journal of Consulting and Clinical Psychology*, 68(5), 875–882. <https://doi.org/10.1037/0022-006X.68.5.875>
- Sutalaksana, D. A. (2020). Hubungan Stres Akademik dengan Subjective Well-Being pada Mahasiswa Tingkat Akhir. *Prosiding Psikologi*, 6(2), 594–598. <http://dx.doi.org/10.29313/.v6i2.23629>
- Taylor, S. E. (2011). Chapter 9: Social support: A review. *The Oxford Handbook of Health Psychology*, 192–217.
- Thoits, P. A., & Hewitt, L. N. (2001). Volunteer work and well-being. *Journal of Health and Social Behavior*, 42(2), 115–131. <https://doi.org/10.2307/3090173>
- Tian, L., Wang, D., & Huebner, E. S. (2015). Development and Validation of the Brief Adolescents' Subjective Well-Being in School Scale (BASWBSS). *Social Indicators Research*, 120(2), 615–634. <https://doi.org/10.1007/s11205-014-0603-0>
- Turap, T., Merupakan, T. B., Lebih, T. B., & Turap, T. D. (n.d.). SPIRE ESSA Level III Study Grades 3-5, 2022-2023. 1–17.
- Walton, G. M., & Cohen, G. L. (2007). A question of belonging: Race, social fit, and achievement. *Journal of Personality and Social Psychology*, 92(1), 82–96. <https://doi.org/10.1037/0022-3514.92.1.82>
- Wan, X., Huang, H., Zhang, Y., Peng, Q., Guo, X., Wu, S., Li, Y., Ding, Y., & Chen, C. (2023). The effect of prosocial behaviours on Chinese undergraduate nursing students' subjective well-being: The mediating role of psychological resilience and coping styles. *International Journal of Mental Health Nursing*, 32(1), 277–289. <https://doi.org/10.1111/inm.13081>
- Watson, D., Clark, L. A., & Tellegen, A. (1988). Panas. *Journal of Personality and Social Psychology*, 54(6), 1063–1070.

- Weinstein, N., & Ryan, R. M. (2010). When Helping Helps: Autonomous Motivation for Prosocial Behavior and Its Influence on Well-Being for the Helper and Recipient. *Journal of Personality and Social Psychology*, 98(2), 222–244. <https://doi.org/10.1037/a0016984>
- Xin, S., Liang, X., Sheng, L., & Zhao, Z. (2021). Changes of teachers' subjective well-being in mainland China (2002~2019): The perspective of cross-temporal meta-analysis. *Acta Psychologica Sinica*, 53(8), 875–889. <https://doi.org/10.3724/SP.J.1041.2021.00875>
- Xiong, Y., Chen, J., Yang, L., Guo, X., & Ren, P. (2023). Does Being Prosocial Pay Off? Testing Positive Developmental Cascades of Prosocial Behavior, Social Preference, and Subjective Well-Being in Chinese Adolescents. *Journal of Youth and Adolescence*, 52(9), 1983–1994. <https://doi.org/10.1007/s10964-023-01809-3>
- Younas, F. (2023). *Assessing Religious Orientation , Prosocial Behaviour & Behavioural Problems in Adolescent Girls Abstract: Keywords*: 43(2), 271–282. <https://doi.org/10.1080/02673843.2023.2131036>